

Food Pantry Resources – St. Louis City

(community resources for low income and uninsured)

It is recommended to call to confirm hours of operation and required documents.**South St. Louis**

Zip Code	Name	Address	Phone Number	Hours of Operation	Zip Codes Served; Additional Comments
63104	Focus North America – St. Louis Center	1901 Ann Ave.	314-776-4205	2nd and 4th Wed 9:00 AM-11:00 AM	63104, 63118
	Isaiah 58 Ministries	2149 S. Grand	314-776-1410	Mon-Fri 10:00AM-1:00 PM	63104, 63110, 63116, 63118 Bring ID No zip code requirement on Fresh Food Fridays
	Kingdom House	1321 S. 11 th	314-421-0400	Mon-Fri 9:00AM-5:00PM	63104, 63111, 63118; emergency assistance City Harvest Market offers fresh food for accessible purchase
	Trinity Lutheran Church	812 Soulard	314-231-4092	Food Pantry: Fri, 9:30 AM-10:30 AM Soup Alley: Mon-Sat, 9:30 AM-10:30 AM	63104; bring proof of income, residence, & ID for pantry. Families can receive groceries every two weeks. Soup Ally: distributes hot food and essentials to homeless & hungry.
	St. Vincent's Church	1408 S. 10 th	314-231-9328	Tue & Thu, 9 AM-1:00 PM Appointment Required	63104; must make an appointment by calling St. Vincent's 314-231-9328
63109	Family Food Pantry	4228 S. Kingshighway	314-696-2939	Saturday 9:30 AM -11:30 AM Pantry for clothing and household items <u>Appointment Required</u>	63109, 63111, 63116, 63139 (except Holy Saturday)
	Trinity Assembly of God	4720 JAMIESON	314-752-1015	1st and last Thu, 12:30 PM - 1:30 PM	Any zip code Bread and Basket Food Pantry

Zip Code	Name	Address	Phone Number	Hours of Operation	Zip Codes Served; Additional Comments
63110	St. Cronan Catholic Church	1202 S. Boyle	314-289-9384	2 nd and 4 th Sat, 9:00 AM - 10:30 AM	63110; Bring photo ID, proof of residence, SSN; emergency assistance
63111	Emanuel Adventist	6112 Michigan Ave	314-482-2594	Monday and Fridays 5:30 PM Drive Thru (63103, 63104) Tuesday and Thurs 9:30 AM – 12:00 PM Every Friday (all zip codes)	63103 & 63104; Bring proof of income, and residence (Call to confirm onsite pick-up area)
	Isaiah 58 Ministries	2149 S. Grand	314-776-1410	Mon-Fri 10:00AM-1:00 PM	63104, 63110, 63116, 63118 Bring ID No zip code requirement on Fresh Food Fridays
	Kingdom House	1321 South 11 th	314-421-0400	Mon-Fri 9:00AM-5:00PM	63104, 63111, 63118; emergency assistance City Harvest Market offers fresh food for accessible purchase
	Carondelet Community Betterment Federation	6408 Michigan	314-752-6339	Mon, Wed, Fri 8:30 AM-11:45 AM	City Residents; bring photo ID and proof of residence
	Grace Hill Patch Neighborhood Center	7925 Minnesota	314-584-6961	Must Schedule Appointment	63111, Lemay-MS R, Hwy H-Alabama; Head Start location
	New Journey Baptist Church	4555 Virginia	314-296-3642	Wed 1:00 PM – 3:00 PM	Any Zip Code
	People's Community Action Corporation	6827 S Broadway	314-862-6270	Mon, Wed, Fri 9:00 AM – 2:00 PM	City Residence – Bring ID, SS of all household members, & proof of income & residency
	St. Trinity Lutheran Church	517 W. Koeln	601-228-2732	Call to schedule a pick-up	63111, 63116; bring photo ID, SSN for household members, proof of income and residence

Zip Code	Name	Address	Phone Number	Hours of Operation	Zip Codes Served; Additional Comments
63116	Bevo Area Community Improvement Corporation	4705 Ridgewood	314-352-0141	Mon-Thurs 10:00 AM – 12:00 PM 63116, 63109	63116, 63109 Call to confirm required documents.
63118	Chapel For The Exceptional	3436 Winnebago	314-776-7172	Tues, Thursday 10:30 AM – 11:00AM	63116, 63118; Bring State ID Call for Emergency Food
	Guardian Angel Settlement Association	2700 Cherokee Street	314-773-9027	Mon-Fri 9:00 AM – 3:30 PM Appointment Required Call for Emergency Food	63104, 63118; Bring photo ID, SS card, proof of residence and income
	Metro Christian Worship Center	3452 Potomac	314-772-8444 Ext. 135	3 rd Saturday 11:00 AM	Any zip code; Bring photo ID, Proof of residence, and SSN Must complete an application
	Salvation Army Temple Corps	2740 Arsenal	314-771-3460	Thursday 9:00 AM – 12:00 PM	Any zip code in St. Louis City Bring photo ID, proof of residency, and IDs for entire family. Walk-in emergency food may be available
	St. Anthony of Padua Church*	3130 Meramec	314-352-1460	Mon, Thu 10:00 AM - 12:00 PM Wed 4:00 PM – 6:00 PM	63111, 63116, 63118 Bring photo ID & proof of residency
	St. Pius V Church	3310 S. Grand	314-772-1525	Tues 2:00 PM - 3:30 PM Sat 10:00 AM - 11:30 AM	Parish boundaries Bring photo ID and proof of residence; Emergency Assistance
	St. Wenceslaus Catholic Church	3014 Oregon	314-865-1020	3 rd Mon, 9:30 AM - 11:30 AM	63118; Parish boundaries; Bring photo ID, proof of residence, SSN Call for eligibility

* indicates Society of St. Vincent de Paul Parish; to find nearest location visit <http://svdpstlouis.org> or call 211.

North St. Louis

Zip Code	Name	Address	Phone Number	Hours of Operation	Zip Codes Served; Additional Comments
63101	St. Nicholas Church*	701 N. 18 th	314-231-2860	Monday 10:00-12:00 PM	63101, 63102, 63103, 63106, 63155; Service once a month; Bring proof of residence
63103	Central Baptist Church	2842 Washington	314-533-0747	2nd and 4th Thurs (closed August) 12:45 PM-1:45 PM	Any zip code; Bring photo ID; Proof of family size and residence Call to confirm hours
	St. Vincent de Paul	1310 Papin St.	314-881-6000	By appointment only	Any zip code
	Third Baptist Church	620 N. Grand (corner of Grand & Washington)	314-533-7340	3rd Sat 8:00 AM -10:30 AM	Any zip code
63106	STS. Teresa and Bridget Catholic Church*	3636 N. Market	314-371-1190	Thursday 9:00 AM – 12:00 PM	Any zip code; Bring names and SSN for all household members; Emergency Assistance
63107	Inner City Christian Church	1956 E. Warne	314-385-9375	By appointment only	Any zip code; Bring photo ID; proof of income
	Key Life Enrichment Center	2917 Natural Bridge	314-704-5783	3rd Tue 6:00 PM - 8:00 PM 2 nd Fri 10:00 AM – 2:00 PM	63107 Call to confirm hours
	Our Lady of Perpetual Help Food Pantry	4335 Warne	314-535-9794	Tue, Thu, Sat 9:00 AM – 12:00 PM	63107; Bring photo ID; proof of residence; SSN
63108	Community Women Against Hardship	3963 W. Belle	314-289-7523	Mon thru Fri 9:00 AM – 6:00 PM By appointment only	Clients Only; Bring photo ID; Referral required
	Lane Tabernacle CME Church	910 N. Newstead	314-533-0534	Every other Thu, 10:00 AM – 12:00 PM	Any zip code; Bring photo ID
	People's Community Action Corporation	5868 W. Florissant	314-862-6270	By appointment only	Emergency Assistance
	Second Presbyterian Church	4501 Westminster	314-367-0366	Sat 10:00 - 11:00 AM	Any zip code; bring photo ID
	Trinity Episcopal	600 N. Euclid	314-361-4655	Tue 1:00 PM -3:00 PM Wed Café: 12:00 PM-2:00 PM Thur 4:00 PM-5:00 PM Sun Hot Lunch 2:00 PM-2:30 PM	Any zip code; What to bring: Head of household: SSN & photo ID Household members: SSN

Zip Code	Name	Address	Phone Number	Hours of Operation	Zip Codes Served; Additional Comments
63112	Grace and Peace Fellowship	5574 Delmar	314-367-8959	1 st & 3 rd Wed 1:30 PM - 2:30 PM 2 nd Wed 6:00 PM-7:00 PM 4th Sat 11:00 AM – 12:00 PM	Any zip code; bring photo ID
	Grace U.M. Food Pantry	6199 Waterman	314-863-1992	Tue 9:45 AM- 11:45 AM	Any zip code, no income restrictions; Bring ID
	Neighborhood Outreach Center	5325 Dr. Martin Luther King Drive	314-361-7878	Mon, Tue, Wed 10:00 AM – 12:00 PM	Any zip code Bring photo ID Call to confirm hours.
	St. Paul AME Church	1260 Hamilton	314-385-8900	2nd & 4th Tue 9:30 AM – 12:00 PM	Any zip code; Bring ID and utility bill
63113	Urban League of Metro St. Louis	1408 N. Kingshighway	314-615-3600	Tue, Wed, Thurs 2:00 PM -4:00 PM	City Residents Bring photo ID;
	Great Things Inc	4675 Page	314-363-8679	Tues-Thurs: 11:00 AM-1:00 PM	Any zip code; bring photo ID; referral letter required
	Estell Ministries Food Pantry	3803 Page	314-602-8107	Thu, 10:30 AM-12:30 PM	Any zip code Emergency Food Call: 314-602-8107
	Christ Pilgrims Rest	1341 N. Kingshighway	314-367-2974	Tue, 8:00 AM-10:00 AM	Any zip code; Bring ID
	Newstead Ave Missionary Baptist Church	4370 N. Market	314-371-4436	4th Sat, 10:30-11:30 AM	63113; bring photo ID; referral required Call to confirm hours.
	Pleasant Green Baptist Church (Ruth Faulkner Food Pantry)	1220 Rev. G.H. Pruitt	314-535-7548 Option 3	2nd & 4th Wed, 11:00 AM-1:00 PM	Any zip code; bring photo ID; referral required; emergency assistance; clothing closet Call to confirm hours.
	Salvation Army - Euclid	2618 N. Euclid	314-376-5121	By appointment only	63106, 63107, 63108, 63112, 63113, 63115, 63147; Bring proof of address
	Saint Luke Memorial Baptist	3623 Finney	314-531-1978	4th Sat, 9 AM-noon	
	Westside Missionary Baptist Church	4675 Page	314-535-9002	Thu 11 AM-1:00 PM	Any zip code; referral required and picture ID; emergency assistance

Zip Code	NAME	ADDRESS	PHONE NUMBER	TIME & DATE	ZIP CODES SERVED; ADDITIONAL COMMENTS
63115	All Saints Episcopal	5010 Terry Avenue	314-367-2314	3 rd Sat, 10:30 AM until food runs out.	63115, 63113, 63112, 63120, 63108; bring photo ID Call to confirm- drive through pantry
	Memorial Blvd Christian Church	3000 N. Kingshighway	314-367-6817	Thu, 12:00 PM-2:00 PM	Any zip code; referral required
	St. Elizabeth (Engelber)*	4330 Shreve Ave	314-932-7222	Tues and Thurs: 9:00 AM-12:00 PM	63115; bring ID and SSN; clothing closet
	St. Louis Dream Center	4324 Margareta	314-381-0700	Tues & Wed, 1:00 PM-4:00 PM For Seniors on Thurs 1:00 PM- 4:00 PM	Any zip code; bring photo ID
	St. Peter AME Church	4730 Margareta	314-381-3345	Tue, 10:00 AM-1:00 PM	St. Louis City Residents; bring proof of income and one monthly bill for identification
	Wesley House	4507 Lee	314-385-1000	3rd Thu, 1-3:00 PM	St. Louis City Residents
63120	St. Matthews Pantry	5402 Wren	314-261-7765	Wed, 9:00 AM-12:00PM	63120; bring ID showing zip code
63133	St. Augustine I and II Wellston Center	1371 Hamilton	314-382-5187	Mon & Wed 7:30 AM – 10:00 AM	63112, 63133, 63121, 63120; bring photo ID; proof of income & residence
63147	Church of God at Baden	8375 N. Broadway	314-255-7530	2nd & 4th Sat, 9:30 AM-10:30 AM	Any zip code
	Circle of Light Food Pantry	8759 ANNETTA	Text number: 314-329-8594	1st & 2nd Sat, 10:00 AM-12:00 PM	
	Our Lady of the Holy Cross Catholic Church*	1022 Baden Ave	314-381-0323	Tue, 6:00 PM-7:00 PM, closed 1 st and 5 th Tue 6-7	63147, 63136, 63120 Serve those in Parish Boundaries. Bring Photo ID, proof of residency & income

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United Way Information & Referral: Dial 2-1-1 or visit www.211helps.org to quickly and easily find non-emergency services in your area, including basic needs, physical and mental health resources, job programs, support for seniors and more. Now accessible via phone, online chat, self-service web directly, and mobile app.