

Immigrant and Refugee Resources – St. Louis Area

(community resources for low income and uninsured)

Contents:

- *Comprehensive Mental Health and/or Case Management Services*
- *Health Services*
- *Legal Services*
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Comprehensive Mental Health and/or Case Management Services

Monarch Immigrant Services

4030 Chouteau Ave., Suite 700

St. Louis, MO 63110

314-645-7800

www.bilingualstl.org

Provides mental health and social services to the elderly and disabled foreign born. Includes counseling, case management, citizenship assistance, translation/interpretation services, and referrals.

Southside Immigrant Services - St. Francis Community Services Southside Center

4222 Delor St.

St. Louis, MO 63116

314-773-6100

www.sfcstl.org

Provides social services, mental health counseling, and youth programming a bilingual, culturally sensitive environment.

Health Services

Casa de Salud

3200 Chouteau Avenue

St. Louis, MO 63103

314-977-1250

casadesaludstl.org

Provides basic health and wellness services and referrals. Focus is on new Hispanic immigrants. Adults only.

Vietnamese Community Clinic – Operated by St. Francis Community Services

4222 Delor St.

St. Louis, MO 63116

314-773-6100

www.sfcstl.org

Provides basic health and wellness services including health screenings, blood draws, pap smears, and referrals for Vietnamese immigrants.

Legal Services

Catholic Legal Assistance Ministry (CLAM)

100 N. Tucker Blvd.,

St. Louis, MO 63101

Call on Tuesdays: 314-977-3993

Does not accept walk-ins.

www.sfcstl.org

Offers representation for impoverished families who do not have the resources to hire an attorney for themselves. CLAM offers services for immigrant populations who face challenges in filing governmental documents.

Legal Services of Eastern Missouri Immigration Law Program

701 Market Street, Suite 1100

St. Louis, MO 63101

314-534-4200

www.lsem.org

Provides representation for visa petitions, adjustment to permanent residence, and various other immigrant related legal matters. Also provides legal assistance in Human Trafficking and domestic violence cases when immigrants or refugees are involved.

M.I.C.A. Project (Migrant & Immigrant Community Action Project)

2650 Cherokee Street
St. Louis, MO 63118
314-995-6995
www.mica-project.org

Provides free Know Your Rights presentations, focus groups and community collaboration for immigrants. Provides sliding scale fees for individual legal services for removal defense, family-based immigration, asylum, adjustment of status, legal status for victims of domestic violence and more.

English Language Education and Interpretation and Translation Services

International Institute of St. Louis

3401 Arsenal St.
St. Louis, MO 63118
314-773-9090
www.iistl.org

Refugee resettlement, English classes, job search assistance, and adjustment services. Certified Nursing Assistant (CAN) class available to foreign born.

International Language Center

1416 S. Big Bend Boulevard
St. Louis, MO 63117
Toll Free: 800-445-4440
www.ilcworldwide.com

Provides translation services, foreign language and sign language interpreting, and adult, children, teen, and cross-cultural education programs.

Language Access Metro Project (LAMP)

8050 Watson Road, Suite 340
St. Louis, MO 63119
877-240-6398
<https://www.lampinterpreters.org/>

Interpretation and translation services, medical interpreter training and services, advocacy, outreach, and provider education.

Parkway Area Adult Education and Literacy

13157 N. Olive Spur Road
St. Louis, MO 63141
314-415-4940
<https://www.parkwayschools.net/Domain/801>

Offers free English as a second language to adults throughout St. Louis County.

YMCA Literacy Council of Greater St. Louis

600 Loughborough
St. Louis, MO 63111
314-421-8908
<https://gwrymca.org/programs/education-tutoring/adult-literacy-english-language-learners>

Provides free one-on-one tutoring to adults who need help with English language skills and citizenship preparation.

Life Skills and Career Resources

Immigrant Home English Learning Program

5021 Adkins Ave.
St. Louis, MO 63116
314-771-1104
<https://ihelpstl.org/home>

IHELP connects volunteer teachers with immigrant and refugee learners in our community to develop English and Community Navigation.

Rise Together Ministries

5293 S. Lindbergh Blvd.
St. Louis, MO 63126
314-843-4600

<https://wellspringfamily.org/our-missions/>

Offers job development programs, communal mentoring, after-school tutoring, counseling, and a clothing/furniture ministry.

St. Louis Mosaic Project

120 S. Central, Suite 1200
St. Louis, MO 63105
314-615-8107
www.stlmosaicproject.org

Connects people to career, entrepreneurship, and education resources to promote economic well-being of immigrants.

Additional Resources

American Red Cross – St. Louis Chapter

10195 Corporate Square Drive
St. Louis, MO 63132
314-516-2800

<https://www.redcross.org/local/missouri/about-us/locations/st-louis-area.html>

International Services provides assistance in family tracing and messaging for immigrants separated by war or armed conflict.

Baitulmal – House of Goods

5911 Southwest Ave,
St. Louis, MO 63139

314-833-3300

<https://islamstl.org/baitulmal/>

Offers household goods including beds, mattresses and blankets, clothing and shoes, non perishable food items, and toiletries to any immigrant or refugee. Rent and utility assistance may be available for new refugee families from Syria, Iraq, Kurdish, Afganistan, Burma, Eritrea, Oromo, Ethiopia, Sudan, and Somalia

United Way Information & Referral: Dial 2-1-1 or visit www.211helps.org to quickly and easily find non-emergency services in your area, including basic needs, physical and mental health resources, job programs, support for seniors and more. Now accessible via phone, online chat, self-service web directly, and mobile app.