

Family and Youth Resources

(community resources for low income and uninsured)

Contents:

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**Also see Child and Crisis Care Resources List*

Children's Health & Safety

Bethany Christian Services

1300 Hampton Ave, Suite 202
St. Louis MO 63139
314-781-6363

www.safe-families.org

Provides a safe family environment for children of parents in crisis. Host families are extensively screened and supported. Biological parents retain custody of the children throughout the entire length of stay and are encouraged to be involved in the child's life. Accepts children from 0-18, with a concentration on children from 0-6 years.

Child Support Services

111 N. 7th St., Room 204, **63101**
(314) 340-7400

<https://dss.mo.gov/child-support/>

Contact the local Child Support Services to find information regarding Child Support including how to apply for the support.

Cotton Babies, Inc.

6116 Baumgartner Crossing, **63129**
888-332-2243
Email: sharethelove@cottonbabies.com
www.cottonbabies.com

Through the Share the Love Program, Cotton Babies provides families in need with free cloth diapers. Must provide a photo ID and WIC verification of active certification.

Helping Hand Me Downs

16225 Westwoods Business Park Dr. Ellisville, MO. **63021**
(314) 919-6999

www.helpinghandmedowns.org

Referral required:

See website for to connect with agency partners for referral. Provides clothing for the first year of a newborns life and connects mothers with referral agencies that help accelerate her path to independence.

Infant Loss Resources

1120 South Sixth Street, Suite 100, **63104**
800-421-3511

<https://www.infantlossresources.org>

Infant Loss Resources provides Pack-n-Plays (portable sleep yards) for parents or caregivers who cannot otherwise afford a crib or safe place for their baby to sleep. The program also offers grief support for families who have lost babies.

Life House Youth Center

636-649-5542
11 North Clark Street
Sullivan, MO **63080**

314 E Washington St.,
Cuba, MO, 65453

<http://www.lhcsullivan.org/>

A positive place with positive influences where youth of Franklin and Crawford Counties can spend their time and discover their full potential regardless of their social/economic backgrounds. Free for ages 10-17.

Nurses for Newborns Foundation

3 Sunnen Dr., **63119**
314-544-3433, 1-800-452-4784

<https://nursesfornewborns.org/missouri/>

NFN provides a nurse or community health worker to work with you and your baby, providing parenting education, developmental screenings and support. In-home visits and donation services are provided to babies born: with medical problems, into families who do not have money for basic necessities, or to teen moms or mothers with disabilities/mental health concerns.

Safe Kids St. Louis

1465 S. Grand Blvd.
St. Louis, MO. **63104**
314-612-5770

<https://www.safekids.org/coalition/safe-kids-st-louis>

Provides reduced price car seats and helps with installation (\$25.00 – can be paid in installments), booster seats, and cribs when available. Call to verify time, location, and eligibility of distribution. Provides presentations for injury prevention.

Safety Stop

314-454-KIDS (5437)

www.stlouischildrens.org/content/safetystop.htm

A selection of helmets, car seats and home safety equipment is available for purchase at discounted prices. Fittings and consults are free. Must make appointment in advance. Call or visit site to schedule.

Counseling & Family Support**Annie's Hope**

1333 W. Lockwood, Suite 104, **63122**
314-965-5015

<http://www.annieshope.org/>

Provides free comprehensive support services to children, teens and their families who are grieving the death of someone significant.

Christian Family Services

7955 Big Bend Boulevard, **63119**
314-968-2216

<https://www.stlcfcs.org>

CFS is a non-profit child-placement agency licensed in MO and IL. Services include temporary foster placements for children from birth to preschool age, adoption counseling and support for expectant mothers, and general counseling services. All services are provided without regard to religious affiliation.

Creve Coeur Counseling Associates

9666 Olive Blvd. St. Louis, MO. **63132**
314-991-0100

www.cccastl.com

Graduate Counselor Program offers counseling for only \$15.00 per 50 minute session. No income questions or requirements. Graduate counselors are Master's level interns supervised by Licensed Professional Counselors.

Epworth Children and Family Services

110 N. Elm Ave, **63119**
314-961-5718
24/7 Helpline 314-727-6294

<http://www.epworth.org/>

Committed to keeping families together, preventing abuse and neglect, and encouraging self-sufficiency in at-risk youth. Provides foster care management, youth emergency services and transitional/independent living programs.

Family Forward

1167 Corporate Lake Dr. **63132**
314-534-9350

<https://familyforwardmo.org/>

Services for Children: Ages three to six who have experienced early trauma. Therapeutic full-day program with before care and after care if needed. No cost program for children who are eligible.

Services for Families: Classes for adoptive and foster parents and caregivers. Trauma training for professionals. Prevention and treatment of child abuse, age-appropriate developmental expectations, and emotional-behavioral-relational difficulties. Home visiting ages 0-three years, links families with community resources.

Therapy: Individual, family, or group counseling.

Developmental Trauma Center: Provides assessment, treatment services, and parent education services.

Fathers' Support Center

1601 Olive St.
St. Louis, MO. **63103**
314-333-4170

<http://fatherssupportcenter.org/>

Program participants in the six-week, full-day, full-immersion **Family Formation Program**, mothers and fathers welcome. Participants are taught parenting, life skills, and preparation for employment opportunities.

Father's Rap is a peer-to-peer self-help program that meets Tuesday and Thursday evenings. Focuses on a variety of topics drawn from the Family Formation teachings.

Employment and Mentoring is available to participants enrolled in Father's Support Center's programs or attend six Father's Rap Sessions.

Legal Services are offered to clients, providing high quality, affordable legal assistance in family law with child support payment modifications, legal visitation, child custody, and more.

Youth Leadership & Development assists youth and young adults, ages 14-24, with transportation and professional attire, as well as interview prep sessions, job readiness, job retention skills, and job placement.

Family Support Division, Missouri Department of Social Services

www.dss.mo.gov

Offers a range of programs and services to support families, including support for the blind, child care, child support, food, energy, and medical assistance, and refugee assistance, among others.

Good Shepherd Children & Family Services

111 Walker Rd. **63640**
St. Louis: 314-854-5700
Farmington: 573-664-1330

<https://goodshepherdstl.org/>

Adoption – Counseling, assessment, placement, post-placement supervision and support.

Foster Care – Provides case management for children who are in foster care while developing and maintaining foster families.

Maternity Shelter: Pregnant and parenting women ages 12-21 and their young children who are facing homelessness 24/7 care with a focus on parenting skills and promoting education.

Pregnancy & Parenting Support: Home-based counseling (pregnancy, parenting, adoption) and case management for pregnant women in crisis and family members affected by the pregnancy.

Lutheran Family and Children's Services

St. Louis Office: 8631 Delmar Boulevard, **63124**
314-787-5100 or 1-866-326-LFCS
Email: help@lfcs.org
lfcsmo.org

Offers programs and services addressing adoption, child development, counseling for individuals, couples, families and groups, disaster response, foster care, intergenerational tutoring; parenting, pregnancy services, senior services, and life skills programs.

Mercy Professional Services

1015 S. Compton Ave, **63104**
314-993-8818
www.mercyprofessional.org

Therapeutic counseling services are available for individuals, couples, and families who are dealing with a variety of issues. We help individuals address problems expressing as depression, anxiety, or problematic behaviors, couples in

www.mercy.net/mnm

distress, and child behavior or emotional problems in family therapy context. Sliding Scale Counseling is available from Master level Interns.

Preferred Family Healthcare: Team of Concern

5025 Northrup Ave.
St. Louis, MO. **63110**
www.pfh.org/TOC.htm

Provides students, teachers, and parents with preventive education on the subject of substance abuse as well as supportive services to at-risk students. Services include individual counseling, case management, and family therapy. Anyone can refer a student: a friend, a family member, a teacher or the student him or herself.

North County
11701 W. Florissant Ave
Florissant, MO 63033
314-972-8132

South County
10024 Office Center Ave Suite 100
St. Louis, MO 63128
314-729-7050

St. Peters
2120 Parkway Drive
St. Peters, MO 63376
636-332-5835

Troy
1011 E Cherry St.
Troy, MO 63379
636-224-1500

Union
500 Clark Ave
Union, MO 63084
636-224-1400
se habla espanol/Spanish is spoken here

St. Louis Counseling

9200 Watson Road, G-101, **63126**
314-544-3800
<https://saintlouis counseling.org/>

Offers programs and services at eight locations around St. Louis, including counseling, psychiatry, family life education, understanding of the impact of trauma on child development and family systems and sensitive to Military personell and families. Translation in over 40 languages is available through Language Access Metro Project (LAMP).

Bellefontaine Neighbors Office
10235 Ashbrook Drive
St. Louis, MO 63137
314-831-1533

Florissant Virtual Office

314-831-1533

Herculaneum Office
1349 McNutt Street
Herculaneum, MO 63048
636-638-2203

O'Fallon, MO Office
311 South Main
Suite 100
O'Fallon, MO 63366
636-281-1990

Troy, MO Office
#140 Professional Pkwy
Troy, MO 63379
636-528-5911

Union Office
500 Clark Ave
Union, MO 63084
636-583-1800

Youth in Need

St. Louis County Youth Connection Helpline
314-628-2929

St. Charles County Youth Connection Helpline
636-642-0642

St. Louis City Youth In Need's 24-Hour Helpline
636-946-3771

www.youthinneed.org

With more than 25 locations throughout St. Charles, Lincoln, Warren and Montgomery Counties and St. Louis City, Youth in Need programs serve children, teens, and families with counseling and support groups, residential homes, foster care case management, homeless shelter and outreach, education, and infant, child, and family development.

Central Office

1815 Boone's Lick Road
St. Charles, MO 63301
636-946-5600

St. Louis City Head Start Center

3013 Meramec,
St. Louis, MO 63118
314-353-6906

St. Charles, Lincoln, Warren or Montgomery
Counties
636-332-0265

Education & Learning Disability Testing

Anne Malone Children and Family Services

2612 Annie Malone Drive, 63113
314-531-0120

www.mercy.net/mnm

Anne Malone Therapeutic Academy offers an alternative educational setting for students with behavioral disorders and learning disabilities, grades K-12.

Out-of-School Program

314-657-3624

<https://www.stlouis-mo.gov/government/departments/slate/youth/out-of-school-youth-program.cfm>

St. Louis Agenc on Training and Employment provides educational and employment services to youth ages 17 to 24 that are at risk of dropping out or already have. Provides educational, job training, and employment services.

St. Louis University Psychological Services Center

7 N. Jackson Rd.

St. Louis, MO. 63103

314-935-6555

[Psychological Services Center : SLU](#)

Offers learning disability testing on a sliding scale.

Thomas Dunn Learning Center

3113 Gasconade Street, 63118 (In Marquette Park)

314-353-3050

www.tdunn.org

Free Tutoring and Educational Services. Services include tutoring for all ages, library use, job search, ACT prep classes, computer lab, and Wi-Fi. See website for registration form or call for scheduling.

University of Missouri – St. Louis Community Psychological Service

1 University Blvd.

Normandy, MO. 63121

<http://www.umsl.edu/services/cps/>

314-516-5824

Offers education evaluation services, including learning disability testing, on a sliding scale.

YMCA Community Literacy

2815 Scott Ave, Ste. D.

St. Louis, MO. 63103

314-436-1177

<http://www.ymcastlouis.org/program/ymca-community-literacy>

Offers tutoring programs for youth and adults who struggle with reading, writing and English language skills.

Legal

Arch City Defenders

440 N. 4th Street, Ste. 390

St. Louis, MO 63102

(314) 361-8834

(855) 724-2489

Email: mail@archcitydefenders.org

<https://www.archcitydefenders.org/>

Non-profit corporation dedicated to providing legal counsel to those facing state prosecution and are unable to afford private counsel.

Catholic Legal Assistance Ministry

100 North Tucker Blvd.

St. Louis, MO 63101

<https://sfcstl.org/locations/clam/>

314-977-393

Provides representation for impoverished people in need. Handles many cases involving paternity, orders of protection, guardianship, and abuse. Also offers services for immigrant populations who face challenges in filing government documents.

Crime Victims Center

539 N. Grand Blvd. Ste. 400

St. Louis, MO. **63103**

<https://www.supportvictims.org/>

Previously known as Legal Advocates for Abused Women (LAAW) is a local domestic violence organization in St. Louis that provides crisis intervention & support, legal information & advocacy, safety planning, and legal & social service referrals for victims of abuse. Works with law enforcement and criminal and civil courts to end violence.

Legal Services of Eastern Missouri, Inc. The Children's Legal Alliance

4232 Forest Park Avenue, 63108

314-534-4200

800-444-0514

<https://lsem.org/education-justice-program/>

Provides free educational advocacy to qualifying students with special needs who are not receiving appropriate services and those who have been illegally or improperly excluded from school. Services include but are not limited to helping families obtain testing for special education services,

advocating for students facing suspension or expulsion from school, enrolling homeless children in school, connecting families and children to mental health service, and linking families to other legal assistance provided by LSEM if needed.

Parenting

Anne Malone Children and Family Services

2612 Annie Malone Drive, 63113

314-531-0120

www.anniemalone.com

Crisis Care and Emergency Placement provides safe 24 hour environment for youth aged from birth to 18 years. Provides emergency shelter, food, clothing, educational needs, conflict resolution, emergency medical attention, counseling referrals, to prevent child abuse and neglect.

Call 1-844-803-7233 (24hr)

Community Based Program provides intensive in-home services, individual and group-based Triple P Parenting Classes, Parent Cafes, Diaper Bank, Children's Division Supervised Visitations, and therapeutic crisis interventions to accelerate the reunification process and to prevent children from entering foster care. Email

Referrals@anniemalone.com

Nurse-Family Partnership Program

4000 Jennings Station Road,

St. Louis, MO 63121

314-615-7902

www.nursefamilypartnership.org

This free program is for women living either in St. Louis City or County who are having their first baby. A registered nurse will visit women in their homes throughout the pregnancy and continue to visit until their baby is 2 years old. To enroll, women must be under 28 weeks pregnant. 23

Parent Fair Share

1-800-859-7999

Provides referrals for education, employment, and social services to Missouri residents over age 18 who are underemployed/unemployed and have a case with Child Support Enforcement. For a referral call the toll free number or contact your local Child Support Enforcement office.

ParentLink

573-882-7322

Toll Free: 1-800-552-8522

www.parentlink.missouri.edu

Parents and providers can call the warm line and access referrals, resources, and problem-solving support for children under 18. Professionals discuss the problem with the caller, suggest services, and offer referrals. Most requests are handled as they are received.

Parents as Teachers

6 Cityplace Dr, Ste. 100
St. Louis, MO. **63146**
314-432-4330

www.parentsasteachers.org/

Parents as Teachers (PAT) is a resource for organizations and professionals serving children and families within the early childhood development and education continuum. PAT equips early childhood organizations and professionals with information and tools that are relevant—and widely applicable—to today's parents, families and children, especially those in vulnerable circumstances.

Saint Louis Crisis Nursery

314-533-6900
24 hr Helpline 314-768-3201
Family Empowerment Program partners with families who have children (birth through age 12) to provide services that help to minimize stress, reduce isolation, and empower families to achieve goals that ensure stability and safety for their family by building upon existing family strengths.

St. Louis City Outreach Ctr.
2433 N. Grand, St. Louis, MO 63106
314-533-6900

Central Outreach and Latino Outreach Center
at SSM St. Mary's Hospital in St. Francis Hall-South
6420 Clayton Rd, St. Louis, MO 63117
314-629-1937
314-255- 6145 (Latino Outreach Center)

College Hill Outreach Center at Our Lady of Perpetual Help
4335 Warne, St. Louis, MO 63107
314-552-1304

Ferguson Outreach Center at FDCRG
1433 Stein Rd., Ferguson, MO 63135
314-629-2614

Crisis Nursery Jefferson County at Mercy Hospital Jefferson
1400 Hwy 61 South, Crystal City, MO 63019
314-374-1700

North County Outreach Center at Christian Hospital
11155 Dunn Rd., Ste. 210E, St. Louis MO 63136
314-629-2614

Outreach Center at Christian Activity Center East St. Louis
540 North 6th St., East St. Louis, IL 62201
314-533-6900

St. Charles Outreach Center
328 S. 4th Street, St. Charles, MO 63301
636-940-0742

South County Outreach Center Mercy Hospital South
10010 Kennerly Rd, St. Louis, MO 63128
314-229-1005

Wentzville Outreach Center at LINC
9 Love Park Lane, Wentzville, MO 63385
314-229-1834

Youth Engagement

Annie Malone Children & Family Services

2612 Annie Malone Drive, 63113
314-531-0120

<https://www.anniemalone.com/transitional-living-program>

Transitional Living Program (TLP): Provides youth 16-21 the skills to successfully transition into adulthood through a series of personal training and life skills development. Program runs for 6-24 months and is offered at the Malone House.

Big Brothers Big Sisters of Eastern Missouri

St. Louis Headquarters:
501 North Grand Boulevard, Suite 100, 63103
314-361-5900
<https://www.bbbsemo.org/>

To become a Little Brother or Little Sister, a child must be between the ages of 5 and 17. Currently serves children in St. Louis City and the following counties: St. Louis, Jefferson, St. Charles, Cape Girardeau and Scott County. Contact BBBSEMO to request an application. The *Amachi Missouri* initiative is a mentoring partnership that is also available to the children of incarcerated parents.

BicycleWORKS

2414 Menard Street, 63104
314-664-0828
Email: info@bworks.org
www.bworks.org/bikeworks/

A division of BWORKS, the main component of BicycleWORKS is the Earn-A-Bike Program. Children are taught the basics about bicycle safety and maintenance through hands-on courses. Youth who complete the course graduate with their own bike, helmet, light, and lock.

BookWORKS

2414 Menard Street, 63104

314-664-0828

Email: info@bworks.org
www.bworks.org/bookworks/

A division of BWORKS, the mission of BookWORKS is to promote verbal and visual literacy. Student writers learn to write and illustrate books under the supervision of tutor editors.

ByteWORKS

2414 Menard Street, 63104
 314-664-0828
 Email: info@bworks.org
www.stlbyeworks.org

A division of St. Louis BWORKS, ByteWORKS offers an Earn-A-Computer (EAC) program. The EAC is a 6 week course is for children aged 8-17 years old. The following subjects are taught: Introduction to Computers; Internet and Safety on the Internet; Word Processing with OpenOffice Writer; Creating Presentations with OpenOffice Impress; Computer programming using MIT's Scratch software; and Assembling the Computer and Connecting to the Internet. Graduates receive a computer, monitor, keyboard, and mouse, audio speakers, 2GB flash drive, and a personalized email address. The program features a one-on-one mentoring component.

Covenant House Missouri

2727 North Kingshighway Boulevard, 63113
 314-533-2241
www.covenanthousemo.org

An organization that empowers homeless, runaway, and at-risk youth to live independently. CHMO offers a range of support services for youth ages 16-24, Monday through Friday including literacy & tutorial services, employment services, case management, etc.

FYI (Ferguson Youth Initiative)

106 Church Street
 Ferguson, MO 63135
 314-749-5379
 Email: info@fyiferyouth.org
www.FYIFergYouth.org

FYI works with the City of Ferguson, youth organizations, businesses, and churches to inform the youth on programs, connect youth organizations, expand collaboration efforts, and coordinate a youth driven and sustainable process.

Missouri 4-H

MU Extension in St. Louis County
 132 E. Monroe Avenue
 Kirkwood MO 63122
 314-400-2115

MU Extension St. Louis Metro Area Office
 8225 Florissant Rd
 Saint Louis, MO 63121
 314-200-2705

<http://extension.missouri.edu/stlouis/4h/4hyouth.html>

University of Missouri Extension's 4-H (Head, Heart, Health, Hands) educational program empowers young people to reach their full potential while working and learning in partnership with caring adults. As one of the nation's largest youth organizations, 4-H helps young people become competent, capable, caring and contributing members of society. A wide range of programs and clubs including focuses on college, science, leadership, etc. are available in St. Louis City and County. Call for membership and more information.

Out-of-School Program

314-657-3624
<https://www.stlouis-mo.gov/government/departments/slate/youth/out-of-school-youth-program.cfm>

St. Louis Agenc on Training and Employment provides educational and employment services to youth ages 17 to 24 that are at risk of dropping out or already have. Provides educational, job training, and employment services.

STL Youth Sports Outreach

9424 Everman
 Overland, MO. **63144**
 314-312-9231
<http://www.abcballpark.com/stlyso>

Provides sports equipment to families in need with children who wish to participate in organized sports programs. Offers a "trade up" program for families to donate outgrown equipment and get gear that is the right size.

The SPOT Supporting Positive Opportunities with Teens

4169 Laclede (between Sarah and Boyle), 63108

314-535-0413

Option 5 for shower, laundry, computer, food, and other resources.

<https://thespot.wustl.edu/>

The SPOT is open Mon-Fri; all services are available to anyone between 13 -24 years old. Youth can drop in to hang out, eat, use computers and showers, talk with a case manager or counselor, and get free basic medical care (focus on reproductive and sexual health).

Youth Connection 24/7 Mental Health Assistance

Call 314-819-8802

Text 31658

Wyman

600 Kiwanis Drive

Eureka, MO 63025

636-938-5245

www.wymancenter.org

An organization enabling teens from disadvantaged circumstances to lead successful lives and build strong communities. Wyman creates interactive peer group experiences, delivers curriculum that is engaging, relevant and challenging, provides community service learning, and makes sure there is strong support from adults as positive role models. Services include the Teen Outreach Program, (TOP), Teen Leadership Program (TLP), Five Star After School Program, and camp opportunities.

United Way Information & Referral: Dial 2-1-1 or visit www.211helps.org to quickly and easily find non-emergency services in your area, including basic needs, physical and mental health resources, job programs, support for seniors and more. Now accessible via phone, online chat, self-service web directly, and mobile app.