

Meal Program Resources - St. Louis City and County

(community resources for low income and uninsured)

To get information about an agency or to find a food pantry by zip code:

- 1) call **Operation Food Search Hunger Hotline**, an emergency 24/7 service at **314-726-5355 x1**,
- 2) call **United Way Information & Referral**, an emergency 24/7 service at **2-1-1** or **1-800-427-4626**

ZIP CODE	NAME	ADDRESS	PHONE NUMBER	TIME & DATE
63101	St. Patrick's Center Shamrock Club	800 North Tucker Boulevard	314-802-0700	Lunch: Daily 12:00 PM - 12:30 PM
63103	Central Baptist Church	2843 Washington Avenue	314-533-0747	Lunch: Tues 11:45 AM-12:45 PM
63104	FOCUS North America's St. Louis Center (Gateway City)	1901 Ann Avenue	314-776-4205	Sundays: 2nd-21st of each month 4:30 PM - 5:30 PM Wednesdays 9:00 AM – 11:00 AM See webpage for additional information: https://gatewaycity.focusna.org/
	Historic Trinity Lutheran Church	1805 South 8th Street	314-231-4092	Soup Window: Monday - Saturday 9:30 AM – 10:30 AM
	Peter and Paul Community Services	816 Allen Street	314-231-9923	2nd-21st of every month Monday – Friday 5:00 PM -5:45 PM Weekends 12:00 PM – 12:45 PM Everyone is welcome
	St. Vincent de Paul Catholic Church	1408 S. 10th Street	314-231-9328	Sandwich Window: Monday - Saturday 11:00 AM – 1:00 PM Meals Program: 22nd-1st of each month 5:00 PM – 6:00 PM
	Trinity Episcopal Church	600 North Euclid Avenue	314-361-4655	Hot Lunch: Sundays 2:00 PM – 2:30 PM
63116	St. John's Episcopal Church Tower Grove	3664 Arsenal Street	314-772-3970	Peace Meal Saturday 4:00 PM – 5:30 PM
63118	Chapel for the Exceptional	3436 Winnebago Street	314-776-7172	Tuesday and Thursday 10:30 AM – 11:00 AM

Food Outreach (63103)**314-652-3663**<https://foodoutreach.org/client-services/>

Must live at or below 300% fpl and be undergoing treatment for Cancer OR HIV/AIDS. Call for more information and to enroll.

Meals on Wheels**314-612-5918**<https://www.mealsonwheelsamerica.org/find-meals>

Must be a senior OR 60+ & disabled

United Way Information & Referral: Dial 2-1-1 or visit www.211helps.org to quickly and easily find non-emergency services in your area, including basic needs, physical and mental health resources, job programs, support for seniors and more. Now accessible via phone, online chat, self-service web directly, and mobile app.